

Pain Diagram

Show Us Your Pain

This diagram is for you to show clearly where and how on your body you are experiencing pain.

1. Where your pain starts, place an "X" on the area.
2. If the pain is a shooting pain or travels any distance from where it starts, indicate the direction(s) with arrow(s).
3. Where the pain is more severe, please shade heavily
4. Where the pain is less severe, please shade lightly.
5. Write "deep pain" or "surface pain" where appropriate.

